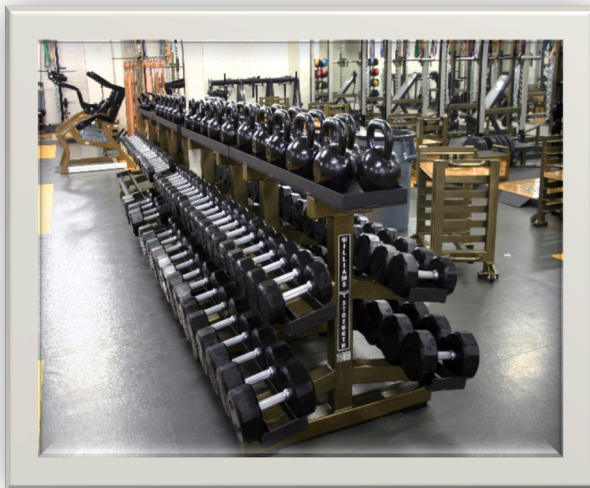

The Facility

- Top of the line equipment in our 22,000 square ft. fitness center
- Two fully equipped gymnasiums
- Two dance and aerobics studios
- Two regulation sized racquet ball courts

The People

- The Frisco Athletic Center caters to athletes of all ages and levels of expertise:
 - Our personal trainers maintain national certifications through continuing education
 - Group exercises are also available, with 60 classes and convenient schedules.



The Location

5828 Nancy Jane Lane
Frisco, Texas 75035
(972) 292-6600



The Website

Visit us online at:
www.FriscoFun.org

Your fitness...

Your Fitness Center...



Athletic Center



Making Frisco a
STRONGER
community since 2005!

The Family



- The Frisco Athletic Center also has activities for the entire family.
- Children 8 weeks to 7 Years can enjoy supervised games, toys and activities while you enjoy your work out.
- Children 8-12 years can enjoy:
 - Table games such as Air Hockey and Billiards.
 - A fully loaded arcade.
 - A recreational video theatre.
- Beat the summer time heat in our indoor/outdoor aquatic center.
 - Four 24 yard lap lanes
 - *Current Channel* lazy river and *Vortex* whirlpool.
 - Warm water pool.
 - A supervised child only area.
 - Family safe changing and locker rooms.

The Hours

- Monday-Thursday:
 - 5 am to 10 pm
- Fridays
 - 5 am to 9 pm
- Saturday
 - 6:30 am to 6:30 pm*
- Sunday
 - 10 am to 6 pm

*Frisco Athletic Center is open until 8:00 pm on Saturdays during the summer. The Aquatic Center is subject to change of hours, please contact our staff for current hours.



The Daily Prices

- Visitors 2 and under are Free!
- Youth (2-17) are \$6
- Adults (18 and older) are \$8

Resident Rates

- Monthly
 - Youth \$23
 - Senior \$28
 - Senior Couple \$56
 - Adult \$35
 - Family \$60
- Annually
 - Youth \$230
 - Senior \$280
 - Senior Couple \$560
 - Adult \$350
 - Family \$600

Visitor Rates

- Monthly
 - Youth \$35
 - Senior \$42
 - Senior Couple \$84
 - Adult \$53
 - Family \$90
- Annually
 - Youth \$350
 - Senior \$420
 - Senior Couple \$840
 - Adult \$530
 - Family \$900